

# Bergman Academy After-School Enrichment Program

## Winter 2019/2020



Bergman Academy offers enrichment classes to its students after school from 3:45-4:45 pm. We are pleased to offer the opportunity for students to participate in engaging classes that further stimulate their learning, passions, and experiences. Our carefully planned enrichments include a wide variety of topics, from outdoor adventures and cooking to yoga and chess. Students have the opportunity to collaborate with peers of different ages and to interact with a variety of adult teaching staff. As a result, some of our clubs available to preschool and pre-kindergarten age children are separate from our DHS certified preschool curriculum. Enrichment courses are offered seasonally, with new courses and registration beginning each fall, winter and spring.

To register for enrichments, please follow the link: <https://tinyurl.com/y3vnn7yd>.

You will need to fill out a form for each student's registration. If you have any questions, please email the Director of Enrichment, Becca Miller at [enrichment@bergmanacademy.org](mailto:enrichment@bergmanacademy.org).

### Dates

Enrichment Registration Deadline | **November 8<sup>th</sup>**  
Enrichment Confirmation Emails | **November 11<sup>th</sup>**  
Enrichments begin | the week of **November 18<sup>th</sup>**  
Enrichments end | the week of **January 27<sup>th</sup>**  
Enrichment make-up dates | the week of **February 3<sup>rd</sup>**

### Cost

Enrichment classes cost \$125 for 8-week sessions, \$110 for 7-week sessions, and \$95 for 6-week sessions. This can be billed to your monthly invoice or paid directly to Bergman Academy.

### Snacks

Students are encouraged to pack a healthy snack each afternoon. They'll have time between 3:30-3:45 p.m. to enjoy their snack.

### Cancelled Classes

There are no enrichments on the following days:

- Monday, November 25<sup>th</sup>-Monday, December 2<sup>nd</sup> (Thanksgiving Break/Staff Development)
- Friday, December 20<sup>th</sup>-Friday, January 3<sup>rd</sup> (Winter Break)
- Monday, January 20<sup>th</sup> (No School – Staff Development)

Cancelled classes will be made up based on instructor availability and space starting Monday, February 3<sup>rd</sup> through Friday, February 7<sup>th</sup>.

### **Enrollment**

Minimum and maximum class enrollment numbers may apply to certain enrichments. Bergman Academy reserves the right to cancel any program due to lack of sufficient participation. Due to the registration format, there is a chance you'll be able to register for a club that has already met its maximum. If this is the case, you will receive an email within 24 hours letting you know that the club is full. If you don't receive an email, then your registration is complete. If the club you are trying to register for does not show up on the registration form, it is already full and no longer accepting members.

**Confirmation emails will be sent on November 11<sup>th</sup>.**

### **Pick-up Policy**

Students will be dismissed at 4:45 out the front doors, to be picked up at the entrance of the school or in car line. Instructors remain with their students until 4:50, and all students not picked up will then join the After Care program. Families will be billed \$5 (half the cost of the full afternoon of care).

### **Late Registration Policy**

Registrations submitted after the stated registration deadline will be charged a fee of \$10 per enrichment club.

### **Cancellation Policy**

Our instructors are extremely dedicated to the enrichment program at Bergman Academy. They spend a lot of time preparing and planning for their clubs. Due to their hard work and preparation, we will be enforcing a cancellation policy this year. Cancellations made 10 days or more in advance of the enrichment session start date, will receive a 100% refund. Cancellations made within 3-9 days will incur a \$50 fee. Cancellations made within 48 hours of the enrichment session start date will be charged full price.

### **Other Opportunities**

- After Care available every afternoon 3:30-5:30: \$10/day
- Private academic tutoring offered by Bergman Academy teachers: \$50/hour  
Sign up with individual teachers - please request tutoring list from office
- Competitive Chess lessons offered by Jim and Katie Freerksen  
Sign up through [jim@dsmchess.com](mailto:jim@dsmchess.com) or [katie@dsmchess.com](mailto:katie@dsmchess.com)
- Private guitar lessons offered by Daniel Mastrofski: \$30/half-hour  
Sign up through [mastrofskiguitarist@gmail.com](mailto:mastrofskiguitarist@gmail.com) or 515-868-1531
- Private piano lessons offered by Luke Most: call for pricing  
Sign up through [lmost97@gmail.com](mailto:lmost97@gmail.com) or 515-689-6260

I am so excited for our winter enrichment session to begin! The dedication of our instructors, support of our parents, and enthusiasm from our students has made this program what it is. Thank you! If you have any questions, please email me at [enrichment@bergmanacademy.org](mailto:enrichment@bergmanacademy.org).

Sincerely,

Becca Miller, Director of Enrichment

## **Bergman Academy Winter 2019/2020 Enrichment Course Offerings**

### **Mondays (6-week session)**

Cooking 101 and Etiquette (PS-K)

All Weather Explorer (1-8) (Students in grades 6-8 will serve a leadership role.)

The Wonders of Words (4-8) (Participants may not have turned 15 prior to August 31, 2019.)

### **Tuesdays (8-week session)**

W.I.L.D. About Play-Doh (K-5)

Lights, Camera, Action! (3-8)

### **Wednesdays (8-week session)**

Junk It Club II (PK-2)

Bricks 4 Kidz (K-5)

Fit Club (K-5)

### **Thursdays (8-week session)**

Arctic Outdoor Explorers (PS-K)

Creative Geniuses Art (K-5)

Brazilian Futebol Arte (K-8)

Young Authors (K-8)

Level 1 Chess Club (1-2)

Level 2 Chess Club (3-8)

### **Fridays (7-week session)**

Yoga and Movement (K-5)

Martial Arts and Karate (K-6)

Odyssey of the Mind (4-5)

## **Mondays**

**(6-week session)**

**\$95**

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### **Cooking 101 and Etiquette**

**Grades PS-K**

*Instructors: Amy Simmons and Jeri John*

*10 minimum/16 maximum*

Kids love cooking and learning real life skills. Join us after school to learn and practice basic cooking skills and table etiquette. We will prepare and enjoy an afternoon snack made from scratch!

### **All Weather Explorer Club**

**Grades 1-8 (Students in grades 6-8 will serve a leadership role.)**

*Instructor: Jen Havemann*

*8 minimum/18 maximum*

Explore all that our woods have to offer during the winter months. Sledding, campfires, broomball, winter hiking, and scavenger hunts. Be prepared to go outside to explore, in almost all weather. P.E. games and survival training may come into play during extreme weather.

### **The Wonders of Words**

**Grades 4-8 (Participants may not have turned 15 prior to August 31, 2019.)**

*Instructor: Jody Konrad*

*2 minimum/12 maximum*

Learn strategies to improve your spelling, increase your vocabulary, and develop correct English usage in fun and engaging ways. Participants will use resources from the Scripps National Spelling Bee, and one student may even represent Bergman Academy at a Scripps competition!

## **Tuesdays**

**(8-week session)**

**\$125**

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### **W.I.L.D. About Play-Doh**

**Grades K-5**

*Instructor: Jen Havemann*

*6 minimum/14 maximum*

Each week participants will have the opportunity to build team relationships while discovering. If the weather is nice we will go outside and connect with nature making art projects and exploring. When the weather is cold we will stay inside while participating in active learning opportunities about our Bergman Woods. With Play-Doh Club taking a break for the session, we will also work with play-doh most club meetings. We will do imprints, tracking, mosaics and explore different play-doh types. While the weather might be chilly outdoors, W.I.L.D. is sure to bring a roar of a good time!

### **Lights, Camera, Action!**

**Grades 3-8**

*Instructor: Becca Miller*

*8 minimum/32 maximum*

Come join me this winter for an interactive drama club! We'll be doing activities centered around acting. By the end of the session the students will have learned acting techniques and performed a Reader's Theatre.

## Wednesdays

(8-week session)

\$125

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### **Junk It Club II**

#### **Grades PK-2**

*Instructors: Amy Simmons and Jeri John*

*10 minimum/16 maximum*

Junk It Club continues! Calling all tinkerers, builders, and creators. Our young inventors will play, innovate, and problem solve as they plan and design one of a kind treasures using a variety of loose parts and materials. Join us for the first time or continue where you left off!

### **Bricks 4 Kidz**

#### **Grades K-5**

*Instructor: Paula Gray-Dietz*

*10 minimum/20 maximum*

Bricks 4 Kidz offers a project-based after school program designed to teach basic principles of engineering, mechanics and architecture using LEGO technic and basic bricks. We believe that children learn best when doing activities that they love. Learning through play with LEGO bricks is our way! Students create a new project each week. Come build with us!

### **Fit Club**

#### **Grades K-5**

*Instructor: Jen Havemann*

*8 minimum/18 maximum*

Students will enjoy many of our fun P.E. games during this club mixed in with fitness. Kids will burn off some needed energy during the winter months, build sportsmanship, and grow to enjoy fitness throughout this club.

## Thursdays

(8-week session)

\$125

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### **Arctic Outdoor Explorers**

#### **Grades PS-K**

*Instructors: Amy Simmons and Jeri John*

*10 minimum/16 maximum*

The wonder of the great outdoors doesn't stop in the cold! Hiking, exploring, learning about the winter forest, and building in the snow will all be part of the fun. This year we will also be using the mud kitchen as part of our outdoor adventures.

### **Creative Geniuses Art**

#### **Grades K-5**

*Instructor: Creative Geniuses Instructor*

*4 minimum/16 maximum*

Creative Geniuses is an engaging, educational, and student led program. We bring imagination to life through a creative process and artistic habits students can use beyond the classroom. We will draw, paint, and sculpt to make personally meaningful art.

## **Brazilian Futebol Arte**

### **Grades K-8**

*Instructors: JR and Eddy Fernandes*

*10 minimum/30 maximum*

Students will work on strength and conditioning. We'll be doing coordination, balance, agility, and flexibility activities. Students will become stronger and more confident.

## **Young Authors**

### **Grades K-8**

*Instructors: Becca Miller and Jen Havemann*

*10 minimum/32 maximum*

Writing has been a passion of Mrs. Havemann's for years (she even has a few books in the works), and Miss Miller has taught writing for six years. Both teachers, would love to instill this passion in your children through a Writer's Workshop. Help your child learn to creatively express themselves through this engaging club! We'll do improv exercises to inspire creativity, write short stories, share our writing, and learn to take and give feedback to improve our work. By the end of the session, your child will have written and illustrated a short story.

## **Level 1 Chess Club**

### **Grades 1-2**

*Instructors: Katie Freerksen and Bill Broich*

*4 minimum/12 maximum*

No previous chess experience is required, but preparation is encouraged. First time students will master the rules of chess, piece movement and chess terms. Returning students will work on mastering piece movement, learning check mating strategies and basic piece development goals. In Level 1 we work on the basics of chess while helping the students to understand focus, sportsmanship, respect for their opponents, and that losing is an opportunity to learn. Students who are able to attend Level 1 for multiple sessions will gain the ability to teach others the rules of chess and will have the opportunity to learn how to record their games with algebraic notation. Students will receive a Gold ChessKid.com membership.

## **Level 2 Chess Club**

### **Grades 3-8**

*Instructors: Jim Freerksen and Bill Broich*

*4 minimum/20 maximum*

Students must have a basic understanding of Level 1 chess skills\*\*. In Level 2 students will learn tactics, openings, pawn structure, and common endgames while reinforcing and expanding on their Level 1 knowledge. Students in Level 2 will also develop transferable life skills such as self-discipline, concentration, long term planning, and the ability to learn from their mistakes. Students will receive a Gold ChessKid.com membership.

**Yoga and Movement****Grades K-5**

*Instructors: Jeri John and Jen Havemann*

*10 minimum/32 maximum*

Ms. John is a certified Yoga Instructor (CYT200) and is excited to partner with Ms. Havemann to bring an amazing yoga opportunity to our students. We will help students move and embrace healthy mental awareness. With continued efforts to improve mental health and wellness in our society, yoga is a proven practice students should instill into their lifetime routines. Fridays are a welcome end, even for a child's fun school week and we are excited to help students learn how and why to recharge through Yoga and Movement! Paired with healthy habits, children will have the foundation to be mindful and active!

**Martial Arts and Karate****Grades K-6**

*Instructor: Phil Dickey*

*15 minimum/30 maximum*

In this class, students will learn the tenets of courtesy, integrity, perseverance, self-control and indomitable spirit, and situational application of them as well. Martial arts techniques focus on life protection, covering, punching, kicking, escapes from grabs, chokes, and how to apply these techniques to stand up to both verbal and physical attacks, bullying, and various situations in the most non-violent way possible. The instructor has been a school teacher for 28 years, so age appropriate instruction is applied. At the end of each session the student, if ready, will test for their next rank. The instructor is a three-time Martial Arts Hall of Fame inductee and has had 37 years of martial arts experience, having owned his martial arts business for 34 years.

**Odyssey of the Mind****Grades 4-5**

*Instructors: Jody Konrad, Christie Stover, Lisa Vernon*

*5 minimum/7 minimum*

Odyssey of the Mind, abbreviated OM or OotM, is a creative problem-solving program involving students and promoting teamwork and creativity. Team members work together at length to solve a predefined long-term problem and present their solution to the problem at a spring state competition. State winners will have the option of participating in the Odyssey of the Mind World Finals.